

TIEMPOS DE COMER Y BEBER

| TIEMPO DE CIRUGIA | ESTA AQUI A LAS | COMIDAS SOLIDAS / LECHE / GELATINA | FORMULA / LECHE MATERNA | LIQUIDOS CLAROS |
|-------------------|-----------------|------------------------------------|-------------------------|-----------------|
| 700 AM | 600 AM | 1000 PM | 1200 AM | 400 AM |
| 715 AM | 600 AM | 1000 PM | 1200 AM | 400 AM |
| 730 AM | 600 AM | 1000 PM | 1200 AM | 400 AM |
| 745 AM | 615 AM | 1000 PM | 1200 AM | 400 AM |
| 800 AM | 630 AM | 1100 PM | 100 AM | 500 AM |
| 815 AM | 645 AM | 1100 PM | 100 AM | 500 AM |
| 830 AM | 700 AM | 1100 PM | 100 AM | 500 AM |
| 845 AM | 715 AM | 1100 PM | 100 AM | 500 AM |
| 900 AM | 730 AM | 1200 AM | 200 AM | 600 AM |
| 915 AM | 745 AM | 1200 AM | 200 AM | 600 AM |
| 930 AM | 800 AM | 1200 AM | 200 AM | 600 AM |
| 945 AM | 815 AM | 1200 AM | 200 AM | 600 AM |
| 1000 AM | 830 AM | 1200 AM | 300 AM | 700 AM |
| 1015 AM | 845 AM | 1200 AM | 300 AM | 700 AM |
| 1030 AM | 900 AM | 1200 AM | 300 AM | 700 AM |
| 1045 AM | 915 AM | 1200 AM | 300 AM | 700 AM |
| 1100 AM | 930 AM | 1200 AM | 400 AM | 800 AM |
| 1115 AM | 945 AM | 1200 AM | 400 AM | 800 AM |
| 1130 AM | 1000 AM | 1200 AM | 400 AM | 800 AM |
| 1145 AM | 1015 AM | 1200 AM | 400 AM | 800 AM |
| 1200 PM | 1030 AM | 1200 AM | 500 AM | 900 AM |
| 1215 PM | 1045 AM | 1200 AM | 500 AM | 900 AM |
| 1230 PM | 1100 AM | 1200 AM | 500 AM | 900 AM |
| 1245 PM | 1115 AM | 1200 AM | 500 AM | 900 AM |
| 1300 PM | 1130 AM | 1200 AM | 600 AM | 1000 AM |
| 1315 PM | 1145 AM | 1200 AM | 600 AM | 1000 AM |
| 1330 PM | 1200PM | 1200 AM | 600 AM | 1000 AM |
| 1345 PM | 1215 PM | 1200 AM | 600 AM | 1000 AM |
| 1400 PM | 1230 PM | 1200 AM | 700 AM | 1100 AM |
| 1415 PM | 1245 PM | 1200 AM | 700 AM | 1100 AM |
| 1430 PM | 1300 PM | 1200 AM | 700 AM | 1100 AM |
| 1445 PM | 1315 PM | 1200 AM | 700 AM | 1100 AM |
| 1500 PM | 1330 PM | 1200 AM | 800 AM | 1200 PM |

LIQUIDOS CLAROS = AGUA, GATORADE, O JUGO DE MANZANA

(PARA INFANTAS = PEDIALYTE O AGUA)